

The background of the entire image is filled with thick, expressive black brushstrokes. These strokes form various shapes, including large loops, swirls, and vertical bands, creating a dynamic and textured visual field. The text is positioned in the upper right quadrant, partially overlapping these strokes.

**BOW.
STAND.
REACH.**

Gravity 2024



February 16-18, 2024

Gravity is a high-energy weekend focused on diving deeper in your faith. The Student Ministry team plans a weekend that challenges, equips, and encourages your student to walk with Jesus more faithfully, and even maybe for the first time. **Gravity** is a TON of fun as we will have late night activities, games, and more throughout the weekend!

During **Gravity**, students will attend services, where we bring in a speaker and a band to point us to Jesus in three services across the weekend. We will also break out students into small groups throughout the weekend that are led by college students. Students will also have an opportunity to join in on a mission's project on Saturday afternoon.

Gravity is an event that is held on campus at QSBC. Our services, small groups, and activities will be held here. Students will be staying overnight at host homes throughout the OKC Metro, by grade and gender (i.e. 7th grade boys). Transportation is provided by the church.

Our theme for Gravity this year is "Bow. Stand. Reach. Our speaker, Erik Reed, Pastor at the Journey Church in Lebanon Tennessee, will be teaching our students about this idea of in order to live our faith out loud amidst the culture, we must first bow before the Lord, stand before man, and reach the world. Jared Wood will be leading us in worship.

We bow before God. This is the idea of in order to stand for our faith, we must know it. We must know our Creator and Savior intimately. It is an active relationship that continue to bow to our Father who is in Heaven.

We Stand before man. With us bowing before God, we are now able to stand up to the pressures of this world. This is knowing what the Bible says and having a biblical worldview. We are able to stand on the Word of God that is profitable, edifying, and relevant to our lives.

We reach the world. Since we have an active relationship with the Lord and have a worldview with Scripture as our authority and Jesus as our Lord, we understand that this world needs Jesus. Our relationship and knowledge is meant to compel us to reach the world, not condemn it.

Please pray for our students, leaders, and our weekend as a whole that God would begin a fresh call to obedience like we've never seen before! Feel free to ask questions, or better yet, be a part of this literally life-changing time with our students!

For Your Information

- Complete a registration form online at www.qsbc.org/gravity/
- Cost is **\$50**, includes t-shirt, student book, & meals for the weekend.
- Pay online or submit payment to the Student Ministry Office
- Turn in a current 2023-2024 Medical release form for the year that is attached to this packet.
- Turn in **Character Contract** attached to this packet.
- You **cannot** leave or come late unless you complete a **Time Away Card** for us to have on file. It is attached to this packet.
- Contact Kristi Rogers at krogers@qsbc.org for questions.

Dress Code

Casual clothing is permitted at all times. Please make sure ALL clothing is modest. Please respect the host homes, group leaders, and other students in the way you dress. If your dress is not modest, you may be asked to change. You will be wearing your Gravity Shirt and jeans/pants on Sunday Morning.

Check In

Show up at QSBC **February 16 @ 6:00p.m.**

Cell Phone Policy

We recommend that students do not bring their cell phone to Gravity. However, cell phones are allowed. Small group leaders will take up students' cell phones during small groups, worship services, and the Saturday afternoon project. It will be the responsibility of the student to ask the leader for their cell phone if they have to leave during one of those times.

What to Bring

- **Snacks:** Everyone Bring 1 Snack (to share) and 1 two liter drink for your host home (Think healthy and nothing that stains)
- **Clothing:** Casual Clothes, Clothes for Sleeping, a Set of Clothes that could get dirty, Tennis shoes, Clothes for Sunday Morning (You will wear a Gravity shirt and jeans/pants), Make sure to check the weather!
- **Necessity Items:** Bible, Notebook, Pen, Toiletry Items (soap, shampoo, toothpaste, deodorant, toothbrush, etc.), Towel, Sleeping Bag, Pillow, Blankets

What Not to Bring

Tobacco Products, Alcohol or Drugs, Vapes, Juuls, Water guns, balloons, or balloon launchers, Expensive jewelry, Large amounts of money, any type of electronic devices, laptops, video game systems, Fireworks, Toilet paper.

Gravity Personalities

Erik Reed

Erik Reed - Erik is the Founder and Lead Pastor of The Journey Church in Lebanon, Tennessee. The church reaches a diverse range of people and continues to grow in both numbers and ministry opportunities to make disciples of Jesus. Erik is an alum of The Southern Baptist Theological Seminary.

He also founded Knowing Jesus Ministries, a non-profit organization which exists to proclaim timeless truth for everyday life. This ministry provides resources for Christians to grow in their daily walk with Jesus, withstand the onslaught of cultural pressures to conform, and prepare Christians for the suffering that comes in this life. Resources includes books, daily devotions, articles, theology videos, conferences, and weekend respites for families who have lost children.

He's been married to Katrina since 2002 and has three children: Kaleb (who went to be with the Lord on December 1st, 2019), Kaleigh Grace, and Kyra Piper.



Jared Wood

Jared Wood is a worship leader and songwriter based out of Dallas, Texas. Jared's passion is that the worship of believers everywhere would not only be expressed by the songs they sing, but more so, by the way they live their lives. Mark 12:30 says, "Love the Lord your God with all of your heart with all of your soul with all of your mind and with all of your strength." Christ calls us to be a reflection of our God to the world in which we live. Because of that calling, we should all strive to live our lives in such a way that we sincerely worship and honor the Lord with every fiber of our being.



Gravity 2024 Schedule, February 16th – 18th

Friday:

6:00pm – Check In at QSBC
6:15pm – Students in Fellowship Hall
6:45pm – Worship Center Doors Open
7:00pm – Session 1
9:00pm – Dismiss to Small Groups
9:45pm – Late Night
10:45pm – Dismiss to Host Homes
12:00pm – Lights Out!

Saturday:

8:00am – Breakfast and Quiet Time @ Host Home
9:40am – Head to QSBC
9:50am – Doors Open at QSBC
10:00am – Worship Center Doors Open
10:30pm – Session 2 @ QSBC (Worship)
12:00pm – Lunch/Small Group Time at QSBC
1:15pm – Head back to the homes
5:00-6:00pm – Dinner
6:30pm – Head to QSBC
6:45pm – Church Doors Open
7:00pm – Session 3 @ QSBC
9:00pm – Dismiss to Host Homes
9:30pm – Small Group at Host Home
12:00pm – Lights Out!

Sunday:

8:00am – Breakfast and Quiet Time @ Host Home
8:30am – Head to Church @ QSBC
9:00am – Group Picture in Worship Center
9:30am – Normal Connect Groups/Worship in Worship Center
11:00am – Normal School Connect Groups/Worship In Worship Center
Noon - Dismiss

Gravity 2024 Check List

_____ Payment

_____ Online Registration

_____ QSBC Medical Release

_____ Character Contract

_____ Time Away Card (If Necessary)



Scan for Online Registration
(required for signup)

Quail Springs Baptist Church

Student Ministry

14613 N. May Ave., Oklahoma City, OK 73134

Medical Permission and Release Form **2023-2024**

The following information will be used with registration forms completed for any student ministry events. Please take a few moments and complete all information correctly, i.e., check spelling of names, addresses, zip codes, phone numbers, etc.

Please complete both sides of this document.

Student's Name _____

Date Completed _____

Address _____

Student cell #: _____

Age _____ Birth Date _____ Grade **(23-24)** _____

Sex (circle) MALE FEMALE

Father _____

Cell Phone _____

Mother _____

Cell Phone _____

Guardian _____

Cell Phone _____

Parent or Guardian email address: _____

In the case of an emergency and a parent/guardian cannot be reached, please contact:

Name _____ Phone _____ Relation _____

Required Emergency Medical Information:

Family Physician _____ Office Phone _____

Family Dentist _____ Office Phone _____

Hospital Insurance [] Yes [] No Policy Number _____

Primary Insured _____ Name of Insurance Company _____

Insurance Company Telephone Numbers _____

****Please attach a copy of the front and back of your insurance card to be turned in with this form.**

Daily Medication Requirements:

Medicine _____

Medicine _____

Allergies: _____

Other Important Medical Information: _____

I (We) hereby DO ___ or DO NOT ___ consent to the use of blood and/or blood products under the care of a licensed physician in the case of an emergency.

Quail Springs Baptist Church and Student Ministries (together with their respective officers, employees and agents) and each volunteer assisting them are collectively designated by the abbreviation "QSBC" throughout this entire form and the term "QSBC" shall refer to them individually as well as collectively.

- I (we) hereby give permission for my (our) child to attend and participate in activities sponsored by QSBC and/or Student Ministries.
- I (we) acknowledge and understand the inherent risk associated with participation in QSBC Student Ministry activities, including but in no way limited to: (1) slips, trips, and falls, (2) athletic injuries, and (3) illness, including exposure to and infection with viruses or bacteria. I (we) further acknowledge that the preceding list is not inclusive of all possible risks associated with QSBC Student Ministry activities participation and that said list in no way limits the operation of this Agreement.
- I (we) hereby authorize QSBC to transport my (our) child to or from church and/or any other church related and sponsored activities and events.
- I (we) authorize QSBC to include my (our) child in routinely supervised water activities.
- Further authorization and permission is hereby given to QSBC to furnish any necessary transportation, food, and lodging for my (our) child.
- I (we) (and on the behalf of my (our) child/) hereby assume all risk of personal injury, sickness, death, damage and expenses as a result of participation in recreation and work activities involved therein.
- I (we) hereby authorize QSBC to take my (our) child to the before named physician or facility for medical treatment in the event of an emergency in which neither parent can be reached after reasonable attempt to do so.
- I (we) hereby authorize QSBC to consent to any x-ray examination, anesthetic, medical, surgical, or dental diagnosis or treatment, and hospital care to be rendered to my (our) child under the general or special supervision and on the advice of any physician or dentist representing to be licensed on the medical staff of a hospital or medical care facility, whether such diagnosis or treatment is rendered at the office of said physician or at the said facility or hospital.
- I (we) hereby do authorize QSBC to dispense to my (our) child over-the-counter medications (according to proper dosage instructions) when reasonable deemed necessary.
- I (we) do hereby authorize any physician, dentist, hospital or medical treatment center to treat my (our) child in the case of emergency in which the before named physician or dentist cannot respond.
- The undersigned adult shall be liable and agree(s) to pay all costs and expenses incurred in connection with such medical and dental services rendered to the aforementioned child pursuant to this authorization.
- Should it be necessary for my (our) child to return home due to medical reasons or otherwise, the undersigned shall assume and be responsible for the payment of all transportation costs.
- I (we) hereby release, forever discharge and agree to defend and hold harmless QSBC from any and all liability, claims or demands for personal injury, sickness or death, as well as property damages and expenses, of any nature whatsoever which may be incurred by the undersigned adult and the child/participant that occur while said child is participating in any trip or activity with QSBC.
- The undersigned further hereby agree to hold harmless and indemnify QSBC from and against any claim against or loss incurred by QSBC as the result of the negligent, willful or intentional acts of my (our) child, including any expense incurred attendant thereto.

The medical consent and liability waiver provisions hereof shall remain in full force and in effect until written notice of revocation or withdrawal is received by QSBC at its office at 14613 N. May Avenue. I (we) acknowledge and agree that it is my (our) responsibility to notify Quail Springs Baptist Church of any changes in medical condition, guardianship, address or telephone, in writing to the address listed at the beginning of this form.

PHOTO RELEASE

I DO___ DO NOT ___ give Quail Springs Baptist Church permission to publish photographs or video footage taken of my child during church related activities or events.

Parent Signature_____

Date_____

Character Contract for Student Participation

@ Gravity 2024

The following is a contract that all students & parents must read, understand, agree to, and sign before participating in our Gravity 2024 (6pm Friday February 16th through 12pm Sunday February 18th). In addition to the student's signature, a parent or guardian must also read and sign the contract. By signing this contract each student is obliged to comply by the guidelines set forth by QSBC, student ministry staff, and leaders or deals with the consequences assigned. The purpose for this contract is to provide a structure base or known expectations and allow us as a Gravity community to move beyond behavioral issues to focusing on the message of Jesus Christ.

I, _____, do agree to follow the guidelines listed below, and in doing so make a commitment of character to the church, my family, my peers, and myself.

1. I will be respectful of myself, other students, the leaders, host home parents and the church. I will be sensitive, caring, and aware of others needs, and respect their space and wishes.
2. I will be accepting of all other individuals even if they are different than me.
3. I will take responsibility for my own actions and learn from my mistakes so as not to repeat them unnecessarily.
4. I will not participate in, encourage, promote, or condone, in any manner illegal (fireworks, alcohol, drugs, vandalism, t-p'ing, etc.), unethical, or potentially harmful activities to myself or the church, and host homes.
5. I am a guest in the home of my host family, and I will be responsive to their requests & suggestions.
6. **I will not be allowed to leave the host home unless I have arranged this with student ministry staff in advance and reflected on a Time Away Card.**
7. I will not bring any electronic devices, vapes, juuls, fireworks, alcohol, drugs, knives, or any other item that would take away from the focus of the weekend to BIG WKND '22.
8. I understand physical or verbal abuse towards other people will not be tolerated period.
9. I understand that I will, in no way, be alone and out of sight with someone of the opposite sex.
10. I understand that while I am at Gravity 2024 the leaders, and staff have my best interest in mind, and I will follow their lead beginning *Friday, 6 PM-Sunday, Noon.*
11. I will follow the schedule for the weekend doing my best to be where I am supposed to be when I am supposed to be there.
12. Knowing that the purpose for this weekend is to provide teachings about Jesus Christ & discipleship, I will commit to being open to God's leading in my life this weekend.

CONSEQUENCES

If I do not abide by these guidelines that I have committed to, I understand the consequences that follow: I will be confronted about my actions and/or I will be given an appropriate type of discipline and/or I will be sent home. I will also be financially responsible for any damage other than accidental damage.

Student's Signature

Parent/Guardian's Signature

Time Away Card 2024

Student Name: _____

Grade: _____

Cell Phone: _____

Day(s) & Time(s) Away:

Person picking up/dropping off student:

In case of emergency contact:

Parent Signature

Date

Student Signature

Date